

# Confidential Questionnaire

## *Women's Comprehensive Full Body*

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (home) \_\_\_\_\_ (cellular) \_\_\_\_\_ (work) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Referring Physician \_\_\_\_\_

*All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.*

- |  | <b>Yes</b>            | <b>No</b>             |
|--|-----------------------|-----------------------|
| <b><i>Head &amp; Neck</i></b>  |                       |                       |
| 1. Do you suffer with headaches?<br>If yes, <input type="radio"/> once a month or less <input type="radio"/> more than once a month                    | <input type="radio"/> | <input type="radio"/> |
| 2. Do you have known allergies? Food _____ Environmental _____   | <input type="radio"/> | <input type="radio"/> |
| 3. Do you have TMJ or does your jaw click?   | <input type="radio"/> | <input type="radio"/> |
| 4. Do you currently have a cold?   | <input type="radio"/> | <input type="radio"/> |
| 5. Are you being treated for a thyroid disorder? Type _____  | <input type="radio"/> | <input type="radio"/> |
| 6. Do you have neck pain?  | <input type="radio"/> | <input type="radio"/> |
| 7. Do you have upper back pain?  | <input type="radio"/> | <input type="radio"/> |
| 8. Do you have a known history of carotid artery disease?  | <input type="radio"/> | <input type="radio"/> |
| 9. Do you have a family history of stroke?   | <input type="radio"/> | <input type="radio"/> |
| 10. Do you currently suffer with sinus problems?   | <input type="radio"/> | <input type="radio"/> |
| 11. Do you have history of dental problems?<br>Root canals _____ Gum disease _____ Implants _____<br><br>Non-replaced extractions _____ Dentures _____ | <input type="radio"/> | <input type="radio"/> |
| 12. Have you had dental cleaning in the past 7 days?   | <input type="radio"/> | <input type="radio"/> |

Do you have any special concerns or are there any details related to the information above?

# Breast

Is there a specific reason or concern for this breast exam?

**Yes**    **No**

1. Have you recently had any of these breast symptoms?  Yes     No
- |  | <b>LT</b>             | <b>RT</b>             |  |
|--|-----------------------|-----------------------|--|
| Pain/Tenderness                              | <input type="radio"/> | <input type="radio"/> |  |
| Lumps  | <input type="radio"/> | <input type="radio"/> |  |
| Change in breast size                        | <input type="radio"/> | <input type="radio"/> |  |
| Areas of skin changes thickening or dimpling | <input type="radio"/> | <input type="radio"/> |  |
| Excretions of the nipple                     | <input type="radio"/> | <input type="radio"/> |  |
2. Are any of the above symptoms cycle related?  Yes     No
3. Are you still having periods?  Yes     No  
 If yes, date of last period \_\_\_\_\_
4. Have you had a surgical hysterectomy?  Yes     No  
 If yes, date \_\_\_\_\_     Complete     Partial
- Reason for hysterectomy:  
 Excess bleeding     Endometriosis     Fibroid cysts     Cancer     Other \_\_\_\_\_
5. Has anyone in your family ever been treated for breast cancer?  Yes     No  
 If yes,     Mother     Grandmother     Sister     Daughter  
 Age diagnosed \_\_\_\_\_ Result of Treatment \_\_\_\_\_
6. Have you ever been diagnosed with breast cancer?  Yes     No  
 If yes, date \_\_\_\_\_
- |              |                               |                                  |  |
|--------------|-------------------------------|----------------------------------|--|
| Cancer type  | <input type="radio"/> Local   | <input type="radio"/> Metastatic | <input type="radio"/> Lymph node involvement               |
| Left breast  | <input type="radio"/> Inner   | <input type="radio"/> Outer      | <input type="radio"/> Nipple                               |
| Right breast | <input type="radio"/> Inner   | <input type="radio"/> Outer      | <input type="radio"/> Nipple                               |
| Treatment    | <input type="radio"/> Surgery | <input type="radio"/> Chemo      | <input type="radio"/> Radiation <input type="radio"/> None |
7. Have you ever been diagnosed with any other breast disease?  Yes     No  
 If yes,     Cysts/fibrocystic     Fibro Adenoma     Mastitis/inflammatory breast disease
8. Have you had any cosmetic breast surgery or implants?  Yes     No  
 If yes, date \_\_\_\_\_     Silicone     Saline  
 Experience     Problems     No problems

- |  | <b>Yes</b>            | <b>No</b>             |
|--|-----------------------|-----------------------|
| 9. Have you ever had any biopsies or any other surgeries to your breasts?<br>If yes, date _____<br>Left breast <input type="radio"/> Inner <input type="radio"/> Outer <input type="radio"/> Nipple<br>Right breast <input type="radio"/> Inner <input type="radio"/> Outer <input type="radio"/> Nipple<br>Results <input type="radio"/> Negative <input type="radio"/> Positive <input type="radio"/> Calcifications | <input type="radio"/> | <input type="radio"/> |
| 10. Have you ever taken contraceptive pills for more than one year?<br>If yes, <input type="radio"/> Currently <input type="radio"/> Less than 5 years <input type="radio"/> More than 5 years   | <input type="radio"/> | <input type="radio"/> |
| 11. Have you had pharmaceutical hormone replacement therapy (HRT)?<br>If yes, <input type="radio"/> Currently <input type="radio"/> Less than 5 years <input type="radio"/> More than 5 years  | <input type="radio"/> | <input type="radio"/> |
| 12. Do you have an annual physical examination by a doctor?  | <input type="radio"/> | <input type="radio"/> |
| 13. Do you perform a monthly breast self exam?   | <input type="radio"/> | <input type="radio"/> |
| 14. Have you ever smoked?  | <input type="radio"/> | <input type="radio"/> |
| 15. Have you ever been diagnosed with diabetes?  | <input type="radio"/> | <input type="radio"/> |
| 16. Total Mammograms _____   |                       |                       |
| 17. Date of your last mammogram _____ Were you re-called?  | <input type="radio"/> | <input type="radio"/> |
| 18. Your age at your first mammogram? _____  |                       |                       |
| 19. Number of full term pregnancies? _____   |                       |                       |
| 20. Have you had breast ultrasound?<br>If yes...Date: ___/___ Left _____ Right _____ Results: Negative _____ Positive _____  | <input type="radio"/> | <input type="radio"/> |
| 21. Have you had breast MRI?<br>If yes...Date: ___/___ Left _____ Right _____ Results: Negative _____ Positive _____   | <input type="radio"/> | <input type="radio"/> |

## ***Chest, Heart & Lungs***

- |   | <b>Yes</b>            | <b>No</b>             |
|---|-----------------------|-----------------------|
| 1. Have you been diagnosed with:<br>Heart disease?<br>Lung disease?<br>Upper spine disorders? | <input type="radio"/> | <input type="radio"/> |
| 2. Do you suffer with upper back pain?  | <input type="radio"/> | <input type="radio"/> |
| 3. Do you suffer with chest pain?   | <input type="radio"/> | <input type="radio"/> |
| 4. Have you ever had surgery to your:<br>Heart?<br>Lungs?<br>Mid to upper back?               | <input type="radio"/> | <input type="radio"/> |
| 5. Do you have asthma or shortness of breath?   | <input type="radio"/> | <input type="radio"/> |

6. Do you currently smoke? Yes No
7. Have you smoked in the past 5 years? Yes No

## ***Abdomen & Lower Back***

		Yes	No			Yes	No
1. Do you suffer with acid reflux or other digestive problems?		<input type="radio"/>	<input type="radio"/>	Have you had surgery or disease in the:			
2. Do you suffer pain in the:				Stomach?		<input type="radio"/>	<input type="radio"/>
	Stomach?	<input type="radio"/>	<input type="radio"/>	Spleen(Upper Left) ?		<input type="radio"/>	<input type="radio"/>
	Below R Breast?	<input type="radio"/>	<input type="radio"/>	Liver(Upper Right) ?		<input type="radio"/>	<input type="radio"/>
	Below L Breast?	<input type="radio"/>	<input type="radio"/>	Kidneys ?		<input type="radio"/>	<input type="radio"/>
	Abdomen?	<input type="radio"/>	<input type="radio"/>	Intestines ?		<input type="radio"/>	<input type="radio"/>
	Lower Back?	<input type="radio"/>	<input type="radio"/>	Abdomen ?		<input type="radio"/>	<input type="radio"/>
	Pelvic Region?	<input type="radio"/>	<input type="radio"/>	Lower Back?		<input type="radio"/>	<input type="radio"/>
				Pelvic Region?		<input type="radio"/>	<input type="radio"/>

Have you consumed alcohol in the past 24 hours?

## ***Legs & Feet***

Check only if "Yes"

1. Do you suffer pain in the:	LT	RT	2. Have you had Surgery to:	LT	RT
Leg?	<input type="radio"/>	<input type="radio"/>	Leg?	<input type="radio"/>	<input type="radio"/>
Sciatica?	<input type="radio"/>	<input type="radio"/>	Sciatica?	<input type="radio"/>	<input type="radio"/>
Buttocks/Hip?	<input type="radio"/>	<input type="radio"/>	Buttocks/Hip?	<input type="radio"/>	<input type="radio"/>
Knees?	<input type="radio"/>	<input type="radio"/>	Knees?	<input type="radio"/>	<input type="radio"/>
Ankles?	<input type="radio"/>	<input type="radio"/>	Ankles?	<input type="radio"/>	<input type="radio"/>
Feet?	<input type="radio"/>	<input type="radio"/>	Feet?	<input type="radio"/>	<input type="radio"/>

## ***Arms & Hands***

(Check only if "yes")

- |                                    |                       |                       |                             |                       |                       |
|------------------------------------|-----------------------|-----------------------|-----------------------------|-----------------------|-----------------------|
| 1. Do you suffer with pain in the: | <b>LT</b>             | <b>RT</b>             | 2. Have you had surgery to: | <b>LT</b>             | <b>RT</b>             |
| Shoulder?                          | <input type="radio"/> | <input type="radio"/> | Shoulder?                   | <input type="radio"/> | <input type="radio"/> |
| Elbow?                             | <input type="radio"/> | <input type="radio"/> | Elbow?                      | <input type="radio"/> | <input type="radio"/> |
| Arm?                               | <input type="radio"/> | <input type="radio"/> | Arm?                        | <input type="radio"/> | <input type="radio"/> |
| Hands?                             | <input type="radio"/> | <input type="radio"/> | Hands?                      | <input type="radio"/> | <input type="radio"/> |

Do you have any special concerns or are there any details related to the information above?

## Screening Breast Thermography Patient Disclosure

**Procedure:** *You will be imaged with a state of the art infrared imaging camera in comfortable and controlled surroundings by a highly trained technician. Your thermal imaging baseline reports will provide information about current and future conditions only and **does not diagnose breast disease**. Thermal imaging should be correlated with other medical investigative methods to better direct definitive testing for diagnosis and treatment. It does not replace any other breast examination.*

- I understand that the report generated from my images is intended for use by a trained health care provider to assist in evaluation and treatment. I further understand that the report is not intended to be used by myself for self-evaluation or self-diagnosis. I understand that the report will not tell me whether, I have any illness, diseases, or other conditions, but will be an analysis of the images with respect only to the thermographic findings discussed in the report.
- Breast thermography is a non-contact and non-invasive procedure. The value of thermography as a screening tool is its ability to measure skin temperature changes. **It offers women information that no other procedure can provide regarding breast health.**
- **Breast thermography is not a replacement for or alternative to mammography or any other form of breast imaging.** Breast thermography and mammography are complementary procedures; **one test does not replace the other.** Breast thermography is meant to be used in addition to other tests or procedures.
- Thermography captures and records temperature variations on the skin, which provides vital information directly influenced by complex metabolic and vascular activity. This information **does not in any way suggest diagnosis and/or treatment.** Studies show that the patient benefits when multiple tests are used together. This multimodal approach includes breast self-examinations, physical breast exams by a doctor, mammography, ultrasound, MRI, thermography, and other tests that may be ordered by your doctor.
- *A reported “Thermographically Suspicious” finding does not indicate that it is suspicious for any specific disease.* However, any suspicious finding will be accompanied with a strong and intentional recommendation for further clinical evaluation. If you detect a lump or any other change in your breast before your next screening thermogram, consult your doctor immediately.
- **Notice to patients presenting with previously diagnosed cancer:** Thermography interpretation in your report **does not include information or recommendations related to the measured changes of disease beyond skin temperature changes and patterns.** As there is no single known test capable of monitoring all biological influences of the complex disease generally diagnosed as cancer, **continued monitoring with available additional testing as recommended by your personal physician is strongly advised.**
- Your Thermographer is a highly skilled technician not a licensed medical professional. Your Thermographer cannot interpret your images or advise or prescribe to you based on your images. Your thermographer can ask health history questions as well as educate you on general breast health.

*By Signing below, I certify that I have read and understand the statement above and consent to the examination. I am not an undercover agent or acting on behalf of law enforcement or the media.*

Patient Signature \_\_\_\_\_ Today's Date \_\_\_\_\_